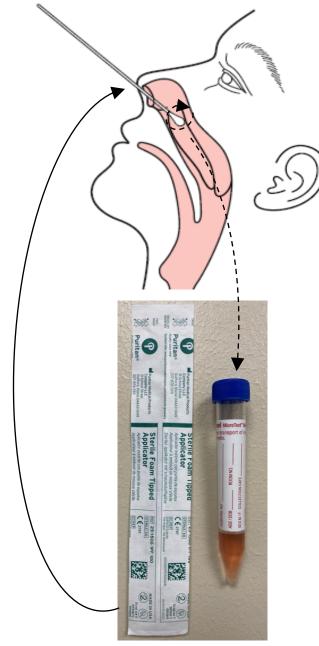
## COVID-19: Nasal Swab



1. Gently insert the swab ~ 1 inch into the nostril.

- 2. Rotate the swab 5 times against the nasal wall and remove from the nostril.
- 3. Use the same swab to sample both nostrils.
- 4. Transfer swab to a labeled tube with 3 ml of Transport Media.
- 5. Transport to the laboratory ASAP; if transport is delayed store and transport at 2-8°C for up to 48h.